

LOSING MY MIND

Choreographed by: CHRIS HODGSON (UK) March 2005 01704-879516
chrissiehodgson@tiscali.co.uk

Suggested Music: FOOLISH.....TYLER JAMES (cd single) (128 bpm)

64 COUNT / INT / 4 WALL LINE DANCE (start on vocals)

1-8 KICK-BALL-POINT / CROSS-1/2 UNWIND / COASTER STEP / BRUSH-STEP

1&2 Kick Right forward, Step in place on Right, Point Left toe to Left side
3-4 Cross Left over Right, Unwind 1/2 turn Right (*weight on Left*)
5&6 Step back on Right, Step Left next to Right, Step forward on Right
7-8 Brush Left forward, Step Left forward (6 o'clock)

9-16 KICK-BALL-POINT / CROSS-3/4 UNWIND / COASTER STEP / BRUSH-TOUCH

1&2 Kick Right forward, Step in place on Right, Point Left toe to Left side
3-4 Cross Left over Right, Unwind 3/4 turn Right (*weight on Left*)
5&6 Step back on Right, Step Left next to Right, Step forward on Right
7-8 Brush Left forward, Touch Left toe forward (3 o'clock)

17-24 HIP CIRCLE / TOG-WALK-WALK / 1/4 SWEEP-CROSS / & CROSS-SIDE

1-2 Roll Hips in a circle to Left over 2 counts (*keep weight on Right*)
&3-4 Step Left next to Right, Step forward on Right, Step forward on Left
5-6 Sweep Right around to front making 1/4 turn Left, Cross step Right over Left
&7-8 Small step Left to Left side, Cross Right over Left, Step Left to Left side (12 o'clock)

25-32 SIDE ROCK / CHASSE / CROSS ROCK / & STEP-1/2 TURN

1-2 Step Right to Right side, Rock weight onto Left
3&4 Step Right to Right side, Step Left next to Right, Step Right to Right side
5-6 Cross Left over Right, Rock weight back onto Right
&7-8 Step Left next to Right, Step forward on Right, Pivot 1/2 turn Left (6 o'clock)

33-40 SIDE-HOLD / CROSS-HOLD / SIDE-SLIDE / & CROSS-1/2 TURN

1-2 Step Right to Right side, Hold one count
3-4 Cross step Left over Right, Hold one count
5-6 Step Right large step to Right side, Slide Left to touch next to Right
&7-8 Step Left next to Right, Cross step Right over Left, Step Left to Left side making 1/2 turn Right (*hinge*) (12 o'clock)

41-48 CHASSE / CROSS ROCK / CHASSE-1/4 TURN / STEP-1/2 TURN

1&2 Step Right to Right side, Step Left next to Right, Step Right to Right side
3-4 Cross step Left over Right, Rock weight back onto Right
5&6 Step Left to Left side, Step Right next to Left, Step Left 1/4 turn Left
7-8 Step forward on Right, Pivot 1/2 turn Left (3 o'clock)

49-56 CROSS-BACK-&-CROSS-POINT / CROSS-POINT x 2

1-2 Cross Right over Left, Step back on Left
&3-4 Small step Right next to Left, Cross Left over Right, Point Right toe to Right side
5-6 Cross Right over Left, Point Left toe to Left side
7-8 Cross Left over Right, Point Right toe to Right side (3 o'clock)

57-64 REVERSE SAILOR STEP X 2 (*travel back*) / BACK ROCK / STEP-1/2 TURN

1&2 Step Right behind Left, Step Left to Left side, Step Right to Right side
3&4 Step Left behind Right, Step Right to Right side, Step Left to Left side
5-6 Step back on Right, Rock weight forward onto Left
7-8 Step forward on Right, Pivot 1/2 turn Left(9 o'clock) **BEGIN AGAIN**